

HARTI HAUORA TAMARIKI

An HRC funded study involving Waikato Hospital staff and University of Waikato staff to evaluate if an organised holistic, opportunistic approach improves health and wellbeing outcomes for tamariki (under 5 years of age) admitted to hospital.

Study investigators



Drs Polly Atatoa-Carr, Nina Scott and Bridgette Masters-Awatere, working to improve health outcomes for tamariki Māori.

- ✎ Dr Nina Scott, public health physician at Te Puna Oranga – Māori health, Waikato District Health Board
- ✎ Associate Professor Polly Atatoa Carr, public health physician
- ✎ Dr Bridgette Masters-Awatere community psychologist (University of Waikato)
- ✎ Dr Peter Sandiford, public health physician

The study follows on from the health screening tool developed in 2015 called 'Harti Hauora Tamariki'



Aim: To improve access to health and social services for all children and their whānau admitted to hospital

The tool includes protocols to follow up on any identified area of need, such as:

- ♥ Enrolment with education and health providers (i.e. GP, ECE)
- ♥ Oral health
- ♥ Rheumatic fever prevention
- ♥ Quality quit smoking interventions for whānau
- ♥ Housing & safety
- ♥ Safe sleep devices
- ♥ Immunisations
- ♥ Family violence
- ♥ Drug & alcohol use
- ♥ Child development
- ♥ Support services and more

STUDY OVERVIEW

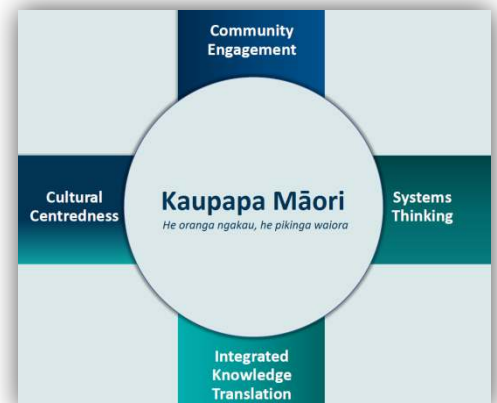
A randomised controlled trial (RCT)

- ✎ Consent: 550 whānau get Harti
550 get usual care
- ✎ In-depth qualitative interviews with 15 whānau

Study Outcomes:

- Readmission to hospital and length of stay
- Satisfaction with hospital care for whānau
- Assessment of unmet need for whānau
- Referral + access to wellbeing services whānau

Guided by the
**HE PIKINGA WAIORA
IMPLEMENTATION FRAMEWORK**



<https://www.hpwccommunity.com>



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