**HARTI HAUORA TAMARIKI**

An HRC funded study involving Waikato Hospital staff and University of Waikato staff to evaluate if an organised holistic, opportunistic approach improves health and wellbeing outcomes for tamariki (under 5 years of age) admitted to hospital.

**Study investigators**

- Dr Nina Scott, public health physician at Te Puna Oranga – Māori health, Waikato District Health Board
- Associate Professor Polly Atatoa Carr, public health physician
- Dr Bridgette Masters-Awatere community psychologist (University of Waikato)
- Dr Peter Sandiford, public health physician

Drs Polly Atatoa-Carr, Nina Scott and Bridgette Masters-Awatere, working to improve health outcomes for tamariki Māori.

The study follows on from the health screening tool developed in 2015 called ‘Harti Hauora Tamariki’

**STUDY OVERVIEW**

A randomised controlled trial (RCT)

- **Consent:** 550 whānau get Harti
  550 get usual care
- **In-depth qualitative interviews with 15 whānau**

Study Outcomes:

- Readmission to hospital and length of stay
- Satisfaction with hospital care for whānau
- Assessment of unmet need for whānau
- Referral + access to wellbeing services whānau

Guided by the

**HE PIKINGA WAIORA IMPLEMENTATION FRAMEWORK**

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